

## DEPARTMENT OF THE AIR FORCE 59TH MEDICAL WING (AETC) JOINT BASE SAN ANTONIO - LACKLAND TEXAS

15 NOV 2016

MEMORANDUM FOR DOR

ATTN: CAPT ANDREW S. MURTHA

FROM: 59 MDW/SGVU

SUBJECT: Professional Presentation Approval

- Your paper, entitled <u>Total. Knee Arthropasty for Posttraumatic Osteoarthritis in Military Personnel Under Age 50</u> presented at <u>58th Annual Meeting of the Society of Military Orthopaedic Surgeons, CA. 12-16 Dec</u> in accordance with MDWI 41-108, has been approved and assigned local file #<u>16385.</u>
- 2. Pertinent biographic information (name of author(s), title, etc.) has been entered into our computer file. Please advise us (by phone or mail) that your presentation was given. At that time, we will need the date (month, day and year) along with the location of your presentation. It is important to update this information so that we can provide quality support for you, your department, and the Medical Center commander. This information is used to document the scholarly activities of our professional staff and students, which is an essential component of Wilford Hall Ambulatory Surgical Center (WHASC) internship and residency programs.
- 3. Please know that if you are a Graduate Health Sciences Education student and your department has told you they cannot fund your publication, the 59th Clinical Research Division may pay for your basic journal publishing charges (to include costs for tables and black and white photos). We cannot pay for reprints. If you are 59 MDW staff member, we can forward your request for funds to the designated wing POC.
- 4. Congratulations, and thank you for your efforts and time. Your contributions are vital to the medical mission. We look forward to assisting you in your future publication/presentation efforts.

LINDA STEEL-GOODWIN, Col, USAF, BSC Director, Clinical Investigations & Research Support

PROCESSING OF PROFESS	IONAL MEDICAL I	RESEARCH/TECHNICAL	PUBLICATION	IS/PRE	SENTATIONS	
1. TO: CLINICAL RESEARCH 2. FROM: (Aut	hor's Name, Rank, Grad	le, Office Symbol)	Barrier and the second		4. PROTOCOL NUMBER:	
Andrew S. Mo	urtha, Capt, O3, DOR		⊠ YES □			
<ol> <li>PROTOCOL TITLE: (NOTE: For each new release of medical research or technical information as a publication/presentation, a new 59 MDW Form 3039 must be submitted for review and approval.)</li> </ol>						
6. TITLE OF MATERIAL TO BE PUBLISHED O	R PRESENTED:					
Total Knee Arthroplasty for Posttraumatic	Osteoarthritis in Mili	tary Personnel Under Age 5	0		100THA	
7. FUNDING RECEIVED FOR THIS STUDY? YES NO FUNDING SOURCE:						
8. DO YOU NEED FUNDING SUPPORT FOR PUBLICATION PURPOSES: YES NO						
9. IS THIS MATERIAL CLASSIFIED? YES NO						
10. IS THIS MATERIAL SUBJECT TO ANY LEGAND DEVELOPMENT AGREEMENT (CRADA),  YES NO NOTE: If the answer is YES  11. MATERIAL IS FOR: DOMESTIC RELECTED DOMESTIC RELECTED DOMESTIC RELECTED DOMESTIC RELECTED DOMESTIC RELECTED.  11a. PUBLICATION/JOURNAL (List intermination)	then attach a copy of the EASE FOREIGN RE	R AGREEMENT (MTA), INTELLE e Agreement to the Publications ELEASE THIS REQUEST, ATTACH COI	ECTUAL PROPERT Presentations Requ	Y RIGHT	'S AGREEMENT ETC.?	
11b. PUBLISHED ABSTRACT (List intended journal.)						
11c. POSTER (To be demonstrated at meeting; name of meeting, city, state, and date of meeting.)						
11d. PLATFORM PRESENTATION (At civilian institutions: name of meeting, state, and date of meting.) 58th Annual Meeting of the Society of Military Orthopaedic Surgeons, CA, 12-16 Dec						
11e. OTHER (Describe: name of meeting, city, state, and date of meeting.)						
12. HAVE YOUR ATTACHED RESEARCH/TECHNICAL MATERIALS BEEN PREVIOUSLY APPROVED TO BE PUBLISHED/PRESENTED?  ☐ YES ☐ NO ASSIGNED FILE #						
EXPECTED DATE WHEN YOU WILL NEED THE CRD TO SUBMIT YOUR CLEARED PRESENTATION/PUBLICATION TO DTIC NOTE: All publications/presentations are required to be placed in the Defense Technical Information Center (DTIC).						
DATE					:	
December 01, 2016						
14. 59 MDW PRIMARY POINT OF CONTACT (Last Name, First Name, M.I., email) Murtha, Andrew, S., andrew.s.murtha2.mil@mail.mil				15. DUTY PHONE/PAGER NUMBER 210-916-3410		
16 AUTHORSHIP AND CO-AUTHOR(S) List i	n the order they will app	ear in the manuscript.				
LAST NAME, FIRST NAME AND M.I. a. Primary/Corresponding Author	GRADE/RANK	SQUADRON/GROUP/OF	FICE SYMBOL	INST	TTUTION (If not 59 MDW)	
Andrew S. Murtha	Capt/O3	959 CSPS		59 M	DW	
b. Anthony E. Johnson	COL/O6					
c. Joseph A. Buckwalter	Civilian			Univ	ersity of Iowa	
d Jessica C. Rivera	MAJ/04					
e						
17. IS A 502 ISG/JAC ETHICS REVIEW REQU	JIRED (JER DOD 5500.0	07-R)? YES NO		-	7/	
I CERTIFY ANY HUMAN OR ANIMAL RESEARCH RELATED STUDIES WERE APPROVED AND PERFORMED IN STRICT ACCORDANCE WITH 32 CFR 219, AFMAN 40-401_IP, AND 59 MDWI 41-108. I HAVE READ THE FINAL VERSION OF THE ATTACHED MATERIAL AND CERTIFY THAT IT IS AN ACCURATE MANUSCRIPT FOR PUBLICATION AND/OR PRESENTATION.						
18. AUTHOR'S PRINTED NAME, RANK, GRAI Andrew S. Murtha, Capt, O3	19. AUTHOR'S SIGNA	COX.	)	20. DATE September 22, 2016		
21. APPROVING AUTHORITY'S PRINTED NA		62 APPROVING AUT	HORITY'S SIGNAT	URE	23. DATE 2016/10/31	

PROCESSING OF PROFESSIONAL MEDICAL RESI	ARCH/TECHNICAL PUBLICATIONS/PRES	ENTATIONS I				
1st ENDORSEMENT (59 MDW/SGVU Use Only)						
TO: Clinical Research Division 24. DATE RECEIVED 59 MDW/CRD	25. ASSIGNED PROCESSING REQUEST FILE NU	MBER				
Contact 292-7141 for email instructions. 11/3/2016	16385					
26. DATE REVIEWED	27. DATE FORWARDED TO 502 ISG/JAC					
10 Nov 2016						
28. AUTHOR CONTACTED FOR RECOMMENDED OR NECESSARY CHAN	IGES: NO D VES If was give date	NA				
29. COMMENTS APPROVED DISAPPRQVED	noco.   no   nes nyes, give date.	- WA				
29. COMMENTS APPROVED DISAPERQUED	<u> </u>	97 FF 114				
IRB approved retrospective study. BAMC IRB number C2013,134d/391024						
· ·						
37		1				
30. PRINTED NAME, RANK/GRADE, TITLE OF REVIEWER	31. REVIEWER SIGNATURE	32. DATE				
	Digitally signed by					
Kevin Kupferer/GS13/Hum Res Subj Prot Exp 2nd ENDORSEMENT (502 ISG/JAC Uso Only)	KUPFERER.KEVI KUPFERER KEVIN N.1086667270 10 Nov 2016					
33. DATE RECEIVED	N.R.1086667270 cu=NDoD, ou=PKI, ou=USAF, cu=KUP-EREKKEVINK-11080697270  34. DATE FORWARD/ED 110/459 MDWPA43 06/10'					
50. 57.12.12521725	SALE I GRANAVED IN STREET IN STREET	1				
35. COMMENTS APPROVED (In compliance with security and policy	eview directives.) DISAPPROVED	l				
		1				
		1				
36. PRINTED NAME, RANK/GRADE, TITLE OF REVIEWER	37. REVIEWER SIGNATURE	38. DATE				
<u> </u>		1				
3rd ENDORSEMENT (59 MDW/PA Uso Only)						
39. DATE RECEIVED	40. DATE FORWARDED TO 59 MDW/SGVU	<u>;</u>				
November 14, 2016	November 14, 2016					
41. COMMENTS X APPROVED (In compliance with security and policy review directives.) DISAPPROVED						
7 <del>777</del> 2		,				
		1				
42. PRINTED NAME, RANK/GRADE, TITLE OF REVIEWER	43. REVIEWER SIGNATURE	44. DATE				
42. PRINTED NAME, RANK/GRADE, TITLE OF REVIEWER Kevin linuma, SSat/E-5, 59 MDW Public Affairs	IINUMA.KEVIN.MITSUGU.129 Doglally septed by thrUMA.KEVIN.MITSUGU.1296227611 DN (~U.S. ovur.sment, our-Dod), our-PAL our-U/AA.	44. DATE November 14, 2016				
Kevin linuma, SSgt/E-5, 59 MDW Public Affairs	IINUMA.KEVIN.MITSUGU.129 Digitally septend by INUMA KEVIN.MITSUGU.1296227611 Digitally septend by INUMA KEVIN.MITSUGU.1296227611					
Kevin Iinuma, SSgt/E-5, 59 MDW Public Affairs  4th ENDORSEMENT (59 MDW/SGVU Use Only)	IINUMA.KEVIN.MITSUGU.129 Doglally septed by thrUMA.KEVIN.MITSUGU.1296227611 DN (~U.S. ovur.sment, our-Dod), our-PAL our-U/AA.	November 14, 2016				
Kevin linuma, SSgt/E-5, 59 MDW Public Affairs  4th ENDORSEMENT (59 MDW/SGVU Use Only)  45. DATE RECEIVED  46. SE	IINUMA.KEVIN.MITSUGU.129  Departing upwerting MANACKEWAMTSGGG 1299227811  Departing upwerting MANACKEWAMTSGGG 1299227811  Department upwerting upw	November 14, 2016				
Kevin linuma, SSgt/E-5, 59 MDW Public Affairs  4th ENDORSEMENT (59 MDW/SGVU Use Only)  45. DATE RECEIVED  46. SE	IINUMA.KEVIN.MITSUGU.129  Departing supering michael Applications of the Committee of the C	November 14, 2016				
Kevin linuma, SSgt/E-5, 59 MDW Public Affairs  4th ENDORSEMENT (59 MDW/SGVU Use Only)  45. DATE RECEIVED  46. SE	IINUMA.KEVIN.MITSUGU.129  Departing supering michael Applications of the Committee of the C	November 14, 2016				
Kevin linuma, SSgt/E-5, 59 MDW Public Affairs  4th ENDORSEMENT (59 MDW/SGVU Use Only)  45. DATE RECEIVED  46. SE	IINUMA.KEVIN.MITSUGU.129  Departing supering michael Applications of the Committee of the C	November 14, 2016				
Kevin linuma, SSgt/E-5, 59 MDW Public Affairs  4th ENDORSEMENT (59 MDW/SGVU Use Only)  45. DATE RECEIVED  46. SE  YE  47. COMMENTS APPROVED DISAPPROVED	IINUMA.KEVIN.MITSUGU.129  Departing supering michael Applications of the Committee of the C	November 14, 2016  DR DISAPPROVAL  FT MESSAGE				
Kevin linuma, SSgt/E-5, 59 MDW Public Affairs  4th ENDORSEMENT (59 MDW/SGVU Use Only)  45. DATE RECEIVED  46. SE	IINUMA.KEVIN.MITSUGU.129  Departing supering michael Applications of the Committee of the C	November 14, 2016				

## Total Knee Arthroplasty for Posttraumatic Osteoarthritis in Military Personnel Under Age 50

Andrew S. Murtha, MD, San Antonio Military Medical Center Department of Orthopaedic Surgery, JBSA Fort Sam Houston, Texas

Anthony E. Johnson, MD, San Antonio Military Medical Center Department of Orthopaedic Surgery, JBSA Fort Sam Houston, Texas

Joseph A Buckwalter, MD, University of Iowa Hospitals Department of Orthopaedic Surgery, Iowa City, Iowa

Jessica C Rivera, MD, US Army Institute of Surgical Research and San Antonio Military Medical Center Department of

Orthopaedic Surgery, JBSA Fort Sam Houston, Texas

## Abstract:

United States military personnel frequently suffer knee injuries. The resulting progressive post-traumatic osteoarthritis (PTOA) causes significant disability in these young high-demand patients for which total knee arthroplasty (TKA) is the only effective treatment of their pain and impairment. Yet the use of this option for treatment of PTOA has not been studied. This retrospective review identified 74 knees in 64 U.S. military personnel who underwent TKA at  $\leq$  50 years-of-age during an eight year period at a tertiary-care, academic, military medical center. Fifty-five knees (74.3%) experienced one or more prior ligamentous, meniscal, or chondral injuries prior to arthroplasty. Only one subject had a history of osteochondral intra-articular fracture. The average at injury was 29.2 years (SD  $\pm$  9.4) with an average age at arthroplasty of 44.3 years ( $\pm$  5.3). The most common injury was anterior cruciate ligament rupture (n=19) with a mean time to TKA of 23.1 years ( $\pm$  23.5) and 18.8 years ( $\pm$  9.5) when concomitant meniscal pathology was noted. Nineteen patients were noted to have radiographic and symptomatic end-stage osteoarthritis without a specified etiology at 44.2 years ( $\pm$  3.6) and underwent subsequent TKA. This is the first study to evaluate treatment of end-stage PT OA in young people treated with TKA, finding that the incidence of PTOA as an indication for arthroplasty is significantly higher than among civilians. In this otherwise healthy, high-demand patient population, the rate of OA progression following knee injury is accelerated and the long term implications can be career and life-altering.

All authors (ASM, AEJ, JAB, JCR) meet criteria for authorship based on contributions to the design and conduct of this research, manuscript development/revision, and approval of the final submitted version. The opinions or assertions contained herein are the private views of the authors and are not be 26 construed as official or as reflecting the views of the Department of the Army or the Department of Defense.